

## Recipes

Here's an easy-to-make recipe for a meal.

### Cheesy Tuna Casserole

Makes 4 servings

#### Ingredients

- 7 oz. uncooked macaroni
- 1 cup milk
- 4 oz. shredded cheddar cheese
- 1 (10¼ oz.) can condensed cream of mushroom soup
- 1 (6 oz.) can tuna
- 2 teaspoons minced dried onion
- ½ teaspoon dry mustard
- Crushed potato chips to taste



#### Directions

1. Cook macaroni to desired doneness, drain.
2. Meanwhile, heat oven to 350° F.
3. Spray casserole with nonstick cooking spray.
4. In large bowl, combine all remaining casserole ingredients; stir to combine.
5. Add cooked macaroni, stir gently to mix.
6. Pour mixture into casserole. Sprinkle with crushed potato chips.
7. Bake at 350° F for 25 to 35 minutes.

**Source:** [www.food.com/recipe/cheesy-tuna-casserole-189570](http://www.food.com/recipe/cheesy-tuna-casserole-189570)

Calories per serving (255 g): 466 | Fat: 19 g

Carbohydrates: 46 g | Protein: 27 g

