

# PB&J French Toast



**Calories:**  
727

**Total Fat:**  
53 g

2 servings | Serving size: 1 sandwich

## INGREDIENTS

- 4 slices of your favorite bread
- ½ cup peanut butter
- 2 tablespoons jelly
- 2 eggs
- ¼ cup heavy cream
- 3 tablespoons butter

## DIRECTIONS

1. Spread peanut butter on 2 slices of bread.
2. Spread jelly on another 2 slices of bread.
3. Combine to make sandwiches.
4. In a bowl, lightly beat eggs and cream together.
5. Melt butter in large skillet over medium heat.
6. Dip sandwiches in egg mixture, coating well.
7. Place on skillet and brown both sides. Serve immediately.

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